

Can HoNOS support clinicians when working with Tangata Whaiora?

Te Pou
o Te Whakaaro Nui

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This paper will explore

- ❖ The training Te Pou developed to support clinicians when working with Tangata Whaiora
- ❖ How the training is delivered and
- ❖ what the feedback has been from training participants

Why develop this training

- ❖ Conversations
- ❖ Confusion
- ❖ Using what we **know** to inform **what we do**

2010 - Invited experts

- ❖ Agnes Daniels Team Leader CAMHS Northland DHB
- ❖ Tio Sewell Independent Nurse Contractor
- ❖ Hineroa Hakiha, Programme Manager ;Te Whare Wananga O Awanuiārangi
- ❖ Maria Baker Te Rau Matatini
- ❖ Rodney Cox Nurse Specialist Te Runanga O Kirikiriroa Trust
- ❖ Erina Morrison Nurse Director Mental Health Waikato DHB
- ❖ Darilyn Cox Nurse Director Maori Waikato DHB
- ❖ Marita Ranclaud MH&A Portfolio Manager Lakes DHB
- ❖ Maureen Emery MH&A Service Manager Lakes DHB
- ❖ Ruthanne Matenga Team Leader CMHN Waikato DHB
- ❖ Makere Panapa CMHN Waikato DHB
- ❖ Te Puea Winiata Contractor Te Pou
- ❖ Tex Clarke Te Pou Kaumatua

Content of training - using mental health information

- ❖ Session 1 – Mental health information
the big picture
- ❖ Session 2 – Mental health information lets talk HoNOS
Discuss how HoNOS data is used currently, rate a fictitious service user
and develop a treatment plan
- ❖ Session 3 - Let's talk Māori Models of Health
- ❖ Session 4 - What is your data saying?
- ❖ How can this contribute to Whanau ora

Learning objectives

- ❖ Participants will be more informed about MHI
 - ◆ What is being collected and why?
- ❖ Participants will revisit Maori models of health
- ❖ Participant will explore how HoNOS fits with Maori model of health - Te Whare Tapa Wha
- ❖ Participants will be more informed about HONOS information - whanau wellbeing and what this means for their practice

Let's get real 
REAL SKILLS FOR PEOPLE WORKING IN MENTAL HEALTH & ADDICTIONS

Maria



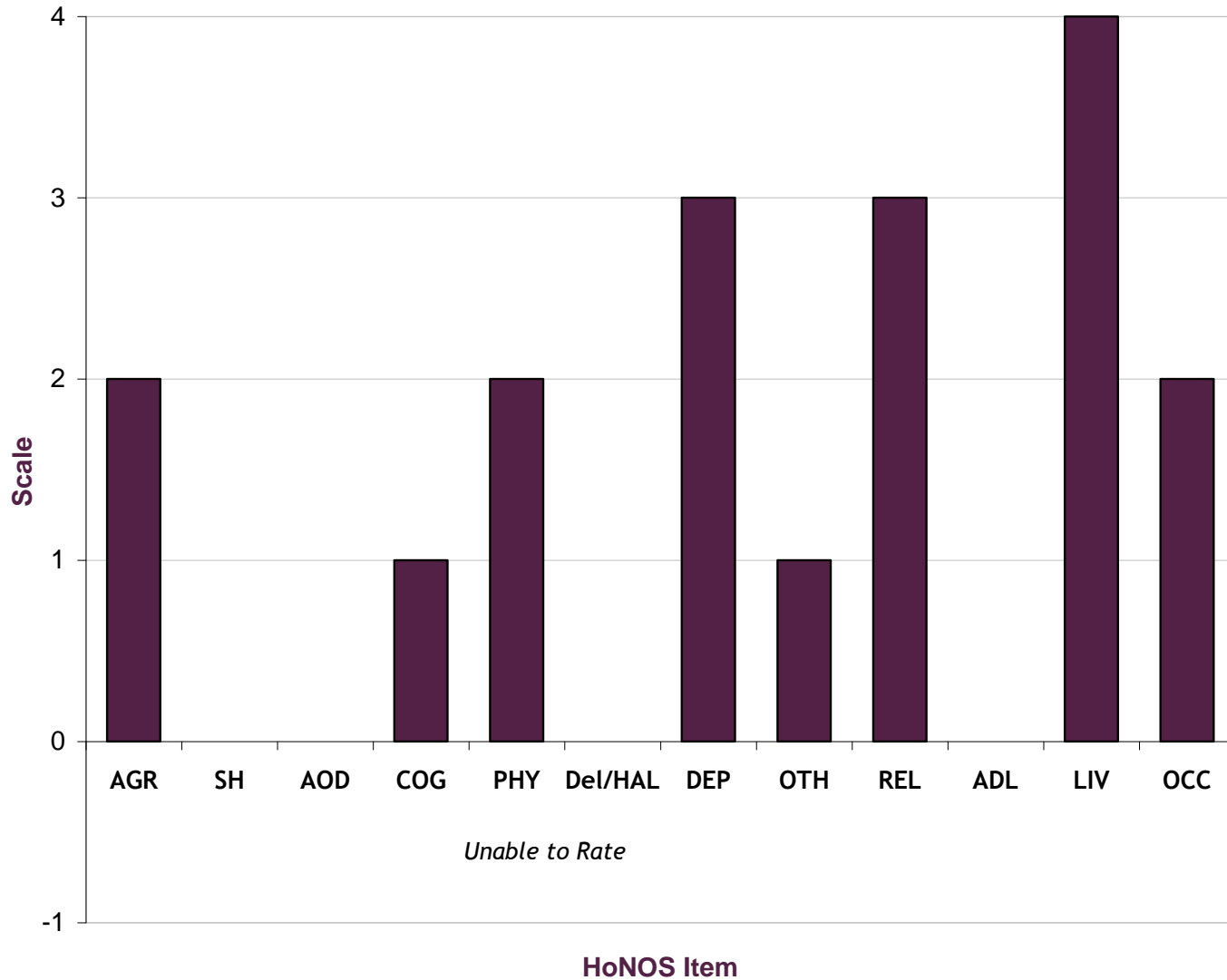
Maria Outcome Collection

Name:

Maria

NHI:

■ Time 1:



Other Categories

Time 1: Eating



OUTCOMES GRAPH BUILDER
A TE POU INFORMATION PROJECT

Māori Models of Health

- ❖ Whare Tapa Whā – Mason Durie
- ❖ Te Wheke – Rose Pere

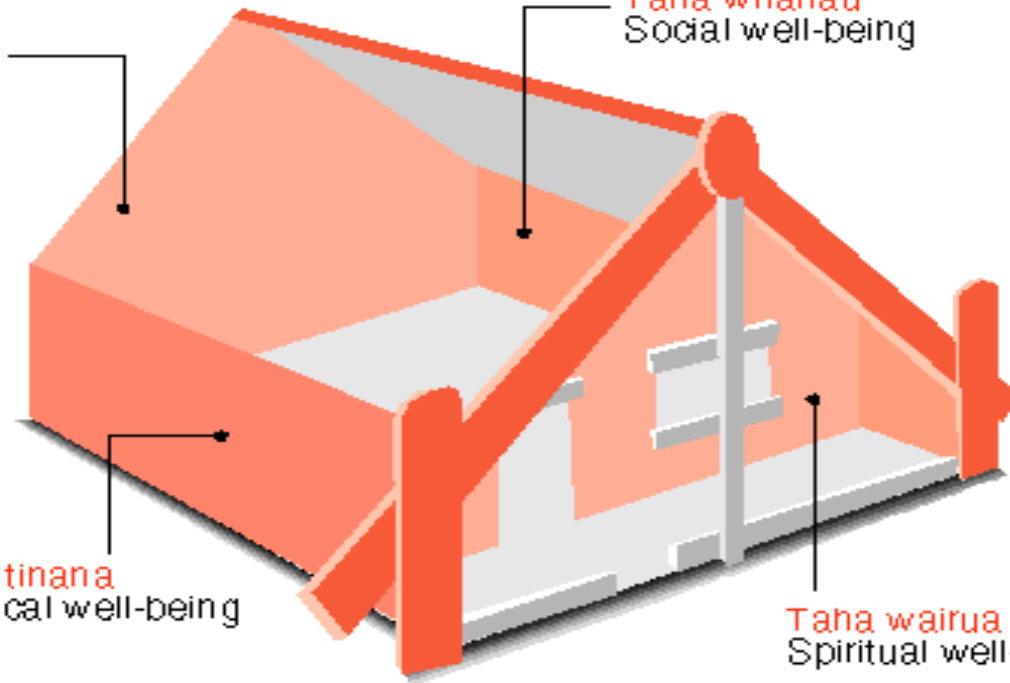
Whare Tapa Whā

Taha hinengaro
Mental and
emotional well-being

Taha whanau
Social well-being

Taha tinana
Physical well-being

Taha wairua
Spiritual well-being



Characteristics of Whare Tapa Whā

	Taha Wairua	Taha Hinengaro	Taha Tinana	Taha Whānau
Focus	Spiritual	Mental	Physical	Extended family
Key Aspects	The capacity for faith and wider communion	The capacity to communicate, to think and to feel	The capacity for physical growth and development	The capacity to belong, to care, and to share
Themes	Health is related to unseen and unspoken energies	Mind and body are inseparable	Good physical health is necessary for optimal development	Individuals are part of wider social systems

Maria's recovery plan - revisited

- ❖ Did we meet all Maria's needs
- ❖ If we didn't how could we

Te Kokiritanga O Te Rau Pani



Comments

- ❖ *we have our own model - HoNOS can add value*
- ❖ Wow this stuff can be really useful
- ❖ Well this helped explain why we collect this thing call HoNOS.....
- ❖ Hey I'm converted

“Where lifestyles create health risks and where there is aimlessness made worse by cultural alienation, confused notions of self, and threats to physical health, then a focus on external relationship within the context of cultural identity offers a chance for restoration of spirit and the resolution of loss.”

Durie (2001). Mauri Ora

References

- ❖ Durie, M.H. (1998). Whaiora: Māori health development (2nd ed.). Auckland: Oxford University Press.
- ❖ Durie, M.H. (2001). Mauri Ora: The dynamics of Māori health. Auckland: Oxford University Press.
- ❖ Durie, M.H. (2003). Nga Kahui Pou: Launching Māori futures. Wellington: Huia Publishers
- ❖ Durie, M.H. Milroy, H. Hunter, E. (2009) Mental Health and the Indigenous Peoples of Australian and New Zealand chapter 2 Healing Traditions ;The Mental Health of Aboriginal Peoples of Canada. UBC Press