

## **DARYLE DEERING – Bio Statement**

I am of Scottish and Irish descent on my mother's side (Howison, Kinley) and Welsh and English descent on my father's side (Evans, Clark). I was born in Christchurch Otautahi and have two adult daughters, Emma and Katherine. I live with my partner Doug, his son Tim and my younger daughter Katherine who is planning to move to Wellington.

I have a longstanding commitment to mental health nursing within the cultural context of Aotearoa New Zealand; therefore a commitment to working in partnership with Māori, Pacific peoples, mental health nurses and consumers. Prior to becoming President I was the Vice President of Te Ao Māramatanga. At a national level I am involved in a range of College, mental health and addiction nursing related activities. Professionally I continue to be an active member of the Drug and Alcohol Nurses Association of Australasia.

I have an extensive background in working within the mental health and addiction treatment field. My areas of work have been primarily in community based services eg community alcohol and drug, opioid substitution treatment, family mental health and youth mental health. My roles have included clinical management and leadership roles and I was the Director of Mental Health Nursing for the Canterbury District Health Board (CDHB) (2000-2007). I have always retained a clinical role.

My present joint university/clinical positions are Senior Lecturer within the interdisciplinary National Addiction Centre, Department of Psychological Medicine, University of Otago, Christchurch, and CDHB RN which includes provision of clinical supervision for mental health nurses. My clinical work (and a research focus) is on working with people with alcohol dependence and depression. I co-ordinate a national, post-graduate interdisciplinary paper on the treatment for people with co-existing substance use and mental health problems. Mental health nurses make up a significant minority of students.

I stood for President in order to support the continuation of the excellent work of Heather Casey and National Committee, Māori Caucus and the Boards as well as the continuing development of local Branches. Over the next few years there will be both challenges and opportunities for mental health nursing. I am committed to supporting mental health nurses and contributing to strategically strengthening mental health nursing with a focus on looking to the future. I believe that the College has a primary role in the future of mental health nursing through collaborative working and partnerships with other professional nursing and interdisciplinary bodies, consumers, and a range of other networks.

Heather will continue to be involved with National Committee for the next six months and this will allow a transition of activities for which I am so very grateful. We believe this will contribute to a smooth continuation of national strategic activities. I will miss my contact with Tio Sewell (Maori Caucus Secretary) and Sandy Smith (committee member) who have both contributed so much and who will join the network of leaders amongst College members. I look forward to working with the new Committee members, David Warrington, Rawiri Emerson and Anne McDonald and look forward very much to the opportunity for closer contact with all College members as I take on this role.



President  
Te Ao Māramatanga NZCMHN®