



Te Ao Māramatanga
New Zealand College of Mental Health Nurses (Inc.)
Partnership, Voice, Excellence in Mental Health Nursing

Orientation to National Committee Te Ao Māramatanga Edited April 2010

Welcome to the National Committee! We are a diverse group with a range of skills and backgrounds who are passionate about mental health nursing, and representing our colleagues and our profession.

Background on the formation of Te Ao Māramatanga

In 2001 the New Zealand branch of the former Australian and New Zealand College made representations to the College Executive for greater recognition of New Zealand's status as a nation state within the College, rather than only as another branch. After a long period of negotiation it was mutually decided that the better course was for New Zealand to separate and form its own College. The process of separation and rebuilding was not easy, but it was made successful due to the overwhelming support from New Zealanders for an indigenous College. Key to the establishment of Te Ao Māramatanga was the partnership developed between the College and its Maori Caucus. To develop an organization such as the College more or less from scratch required attention to a myriad of details, like name, constitution, incorporation, and to minute such as membership forms. An email list had to be developed from scratch, with a letter sent to members asking them to send an email in order to capture their address. The energy of the Executive members of the time, over 2001-2004 meant that despite the scale of the task there was never any doubt about the goal, or its achievement. The point at which discussion moved from the vision to the reality was the decision to adopt the name Te Ao Maramatanga, and to use the image gifted at the 2003 conference as the College logo. From that time there was a sense of the College as something tangible, indigenous, and unique. Many of the structures and processes that had served the former New Zealand branch well were adopted for Te Ao Maramatanga, and there was a sense that at every point we had an opportunity to build the College that members wanted, rather than adapt to an existing model. Democracy's a great thing, but working with a small group of nursing activists is even better as the decision making process is that much easier to manage. One of my enduring memories is of receiving the first run of membership cards, and mailing out the card with the number 0001 on it. I look forward to hearing that card number 1000 has been issued. A new organization is not fully established until it has been through its first cycle of change and has used all the mechanisms of elections and annual general



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meetings. For me the process of developing Te Ao Maramatanga reached a crucial point at the 2009 conference, where I had a very strong sense that the College had kicked off its training wheels and had gathered its own momentum.

Tony O'Brien, FNZCMHN

Tony was President at time of separation and formation of Te Ao Maramatanga. He was recognised as the first Fellow into the new College and was presented that award at the 2007 Conference in Hamilton.

Note – there are a number of other Fellows who were awarded Fellowship with the ANZCMHN and transferred across to Te Ao Maramatanga.

The role of the College



Our objectives:

Represent the professional interests of psychiatric and/or mental health nurses in Aotearoa New Zealand and those enrolled nurses who work in mental health setting in Aotearoa New Zealand;

Promote and develop the identity of psychiatric/mental health nurses as specialists working in a clinical speciality field via representation and liaison; obtain recognition of the professional status of psychiatric/mental health nurses and to promote public awareness of mental health nursing;

Advance the educational and clinical expertise of members; promote and develop nursing codes of ethics, education and practice which are culturally safe and encompass the three articles of the Treaty of Waitangi and the principles of Kawa Whakaruruhau.

Approve national standards of practice taking into account the unique cultural, social and political conditions existing in Aotearoa New Zealand to guide members in their professional practice; develop and support research which may benefit the community and the profession;

Promote clinical career pathways within the clinical speciality field;

Promote awareness of the members about political decisions which may affect the clinical and professional role of those members;

Form links with other health professional bodies in Aotearoa New Zealand and internationally.



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National Committee process

The National Committee meets the objectives of the College, and is guided by the Constitution in its operation.

The National Committee consists of the President, Kaiwhakahaere, Vice President, Secretary and Treasurer, along with Committee members, some of whom form Māori Caucus. We are very fortunate to have recently appointed a part-time administrator. One of her tasks is to review the fees of all member categories. While we are financially able currently, we have been operating on a deficit budget, and need to relook at this, so that this important position can be sustained in the longer term.

As a Committee we have 2 monthly meetings via tele-Conferences, and 2 face-to-face meetings annually. The tele-Conferences are currently held 6.30-7.30-8pm on a Tuesday. Dial 083033 and the PIN are: 171634. The location of face-face meetings is decided closer to the time. One occurs during the biennial Conference. The dates are set at the beginning of the year.

Members are elected for a 2 year term, and can be re-elected for a further 2 years into the same position. Following this, members can only be elected into another position. The current Committee has a good mix of experienced and new people.

We currently have 7 branches throughout NZ, and have 3 Boards: Education, Clinical Practice and Research. Projects are often undertaken by the Boards. Much of the information is on our website; it would be useful to negotiate yourself with the website as there are a number of informative documents i.e. registration forms, branch information

A major function is organising our biennial conference, and while a Branch forms an organising Committee (supported by a Conference Organising Company), the Conference is underwritten by the National Committee, and has some specific requirements, e.g. budget approval, Fellowship ceremony etc

The National Committee has tendered for a Conference Company that we have previously used, for the next two Conferences, i.e. 2011 and 2013.



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The Strategic Plan is a useful document to be familiar with as this sets the direction for the college till 2011.

Current projects

Fee and Category Project – completed early 2010 resulting in streamlining membership categories and a readjustment of membership fees.

Review of the Standards – this project has been contracted out

Discussions re sustaining funding for implementation of He Huarahi Whakatu (Dual competency PDRP for Māori Mental Health Nurses), and the Frances Hughes Scholarship – these are ongoing

Currently looking for opportunities to increase revenue by contracting for services.

Representation on a number of Committees, e.g. Professional Liaison, Primary Health, Nurse Leadership meeting hosted by Ministry, NCNZ re extended scopes of practice, MHC advisory board

Briefing paper to Associate Minister of Health Jonathan Coleman (has Maori and MH portfolio)

Credentialing project – the College looking into feasibility of providing an online package that will enable credentialing of those Registered Nurses who want to meet the requirements of current PPP & R act for assessment of mental capacity.

Response to MOH Tony Lyall re funding for people over 65 with ID; also letter re inclusion of MH to voluntary bonding scheme which has now been included.

MOU's – Kites, College of Nurses, PSA

Identify people for elections to NCNZ, Disciplinary Tribunal, MH Reviews and develop process of endorsement of applicants

Initial discussions around having an archivist, and recording the history of nurse leaders, e.g. Patron, Fellows, those involved with the initial concept of Te Ao Māramatanga 1988, and separation from ANZCMHN in 2003.



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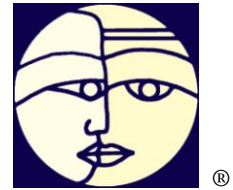
Planned

Review of National MH Standards

Review of Te Ao Māramatanga Constitution

Planning for AGM July 2010

Planning for College conference in Dunedin 2011.



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Brief bio of members

Patron for the College



Dame Margaret Bazley. Photo by Mark Mitchell

Dame Margaret Bazley

1961-63: Charge nurse, Tokanui Hospital, Te Awamutu

1963-65: Assistant matron, Seacliff Group of Hospitals, Dunedin

1965-73: Matron, Sunnyside Hospital, Christchurch

1973-74: Senior public health nurse, Auckland District Health Office

1974-75: Deputy matron in chief, Auckland Hospital Board

1975-78: Chief nursing officer, Waikato Hospital Board

1978-84: Director, division of nursing, Department of Health

1984-87: Commissioner, State Services Commission

1987-88: Deputy Chairwoman, State Services Commission

1988-93: Secretary for Transport

1993-1999: Director-General of Social Welfare

Current: Chairperson, New Zealand Fire Service

Dame Margaret Bazley started her career as a nurse, charge nurse, and assistant matron before her successful life in the State sector where she has held a number of positions. While she has a reputation for being strong,



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focussed and resolute in her activities, she also has a great sense of humour and humanity.

In 1972, Bazley became president of the Nurses Association and spoke out about how nurses should be paid a decent wage and that nursing should be viewed as a career.

Dame Margaret has been our Patron since the beginning of our College, and has played an integral role in the opening ceremonies of our Inaugural conference in 2007, and more recently in 2009. She is regarded by many mental health nurses today as one of the pioneers of her time.

Heather Casey RN, BN, MA (Applied) Nursing President

I was elected to the role of President of the College of Mental Health Nurses in 2006.

Personal Life

I have lived most of my life in Dunedin, I travel within NZ and overseas on occasion and although really enjoy this, love getting home to Dunedin and believe it or not – love the climate! I am a wife and mother of two adult children. My husband and I are thoroughly enjoying still feeling reasonably young and being past the very enjoyable but busy years of combining raising a family, working and studying. We do more physical exercise now than at any other time in our lives – mainly walking and biking, have a ‘fur baby’ who rules our lives and we have taken up playing bridge, which is certainly a challenge.

Professional Life

I have been within the Otago District Health Board (ODHB) for 19 years and haven't had a dull day yet as there are always challenges to be worked with in Nursing and in Mental Health. I am currently in a role of Nurse Director within the Mental Health Service. I have held this position for about 7 years and prior to this have been associated with forensic, acute, intensive care, psychiatric consultation liaison and clinical rehabilitation as an RN, charge nurse and other leadership roles. I get an immense satisfaction out of utilising my clinical practice skills and making a difference to someone's experience of mental distress or disorder in the general hospital setting.

For 5 years I also co-ordinated the Post Graduate Certificate in Clinical Nursing (Mental Health) run by Victoria University of Wellington here in Otago.



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Educationally during this time I completed a bridging course to the Bachelor of Nursing and then a Master of Arts (applied) through Victoria University in 2000. The title of my thesis was *Empowerment: What can nurse leaders do to encourage an empowering environment for nurses working in the mental health area?* This piece of research work is getting a bit old now however it has served me well in terms of informing the leadership roles I undertake.

To sum up my working roles I wear a number of hats, I thoroughly enjoy working with nurses and being a part of developing Mental Health nursing practice and Mental Health service developments. I am fortunate in having a range of experiences to draw upon in terms of informing my current practice and also involvement at a national level through membership of the Directors of Mental Health Nursing. I find the socio political context of Mental Health Nursing fascinating and enjoy spirited discussions on contemporary issues – always keeping in mind that discussion is good but it is the actions one takes as an outcome that are important.

I have been a member of the Australia and New Zealand College of Mental Health Nurses since 1994 when New Zealand joined the Australian College. I supported the separation from Australia and the forming of the New Zealand College of Mental Health Nurses, Te Ao Maramatanga because I believe Mental Health Nursing had developed to a point here in New Zealand where we needed to stand alone and develop in a way that was uniquely New Zealand. I have become increasingly active within the College as an inaugural member of the Professional Practice Board, an occasional contributor to the newsletter and the recent reestablishment of the Otago Branch of the College.

I am enjoying the role of President of the College and to working with the committee and the membership.

Email heather.casey@otagodhb.govt.nz

Hineroa Hakiaha: RCN, FNZCMHN

Kaiwhakahaere

Currently studying. Tio is covering this role in the interim.

Email hakrus@xtra.co.nz

Daryle Deering: RCN PhD

Vice President

Daryle has extensive mental health nursing experience in working in adult and youth community mental health and a addiction services in Canterbury



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as a clinician, clinical manager and director of mental health nursing. She is currently a senior lecturer at the National Addiction Centre, University of Otago, Christchurch. This role involves teaching and mentoring nurses, research and contributing to treatment improvement for people with addiction and co-existing mental health issues. Her present clinical role is working with people with alcohol dependence and depression within a national research project.

Email daryle.deering@otago.ac.nz

Mel Green: RCN, MN
Treasurer

Mel graduated from Otago Polytechnic in 1996 and worked in inpatient services for four years and then moved to a nursing position in the Psychiatric Consultation Liaison Service for four years where she had a particular interest in maternal mental health. Her most recent nursing position is Nurse Educator for the Otago District Health Board MH & ID Service where she has been for the past two years. In 2006 she graduated with a Masters in Nursing which focused on developing a model of practice for the psychiatric consultation liaison nurse.

She was appointed chair of the Otago Branch of the College of Mental Health Nurses in December 2006, associate registrar in August 2008 and treasurer in April 2009.

Contact details

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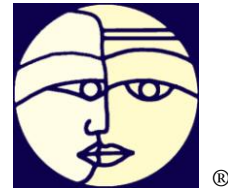
Dunedin

Ph 03 4740999 ext. 5592

Email melanie.green@otagodhb.govt.nz

Jo Harry
College Administrator

This role has been appointed by the National Committee to help support and develop the systems required to operate Te Ao Māramatanga New Zealand College of Mental Health Nurses. I am a Registered Nurse working part time for the Otago DHB in a Community Mental Health Team in Central Otago. Working in a rural area provides exciting opportunities to practice in an advanced role. My special interest lies with professional development in nursing (topic of my Masters degree).



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I can be contacted via my email admin@nzcmhn.org.nz or via post at the college PO Box. And look forward to hearing from you.

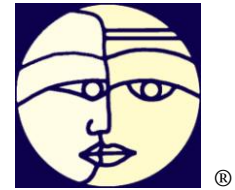
Sandy Smith
Secretary (with Gail Phillips)

My name is Sandy Smith I am a member of the National Committee for Te Ao Maramatanga and am currently serving my first term of office. I live in the Hawkes Bay, am married with two teenage children whose main pastime is using the fridge like a library in that they are always browsing. I have been nursing for over 20 years and am currently employed as a community Mental Health Intellectual Disability (MHID) Nurse for the Hawkes bay - Tawhiti region and have been employed in this position since 2005. Prior to this I was a community Mental Health Nurse in an adult mental health team. Most of my work is centred around consultation & liaison with community providers. this includes assessments for mental health as well as education on a variety of mental health & intellectual disability related topics.

My professional interests include MHID and dementia (particularly Alzheimer's), primary mental health & genetic predisposition. All three areas are topical - the first is specific to my area of work and is topical due to the higher incidence of dementia in the Downs population - the other two are more general and perhaps more controversial. Primary health care is a growing machine and as mental health nurses I think we need to be part of its shaping. In the last 15 years we have seen community services grow and with it the opportunity for nurses to be more accessible. Nurse Practitioners, community liaison, early intervention, home treatment and nurses working within primary organisations are proving to be a valuable start. I would like to see us to be more visible in health promotion areas and continue to be active participants in well health campaigns. I am interested in genetics as we know so little about genetic influence. What is behavioural phenotype? Is there such a thing? What are the implications for mental health? As you can see mental health nursing is something I enjoy and am committed to. Being on the committee allows me to extend both my sense of inquiry as well as my commitment to my profession.

Email Sandy.Smith@ccdhb.org.nz

Gail Phillips
Email PhillipsG@cpit.ac.nz



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**Denny McNae: RCN, BHSc (Nursing), MEd(Hons)
Committee**

Denny initially trained as a general nurse in 1979 before bridging to psychiatric nursing in 1980. She has worked in the mental health sector for a number of years, holding clinical, leadership and nursing education positions. She is currently working full time u at Waikato DHB adult mental health service (in-patient) where she combines two part time positions - Duty Co-ordinator, Henry Rongomau Bennett Centre (0.5FTE) and Clinical Nurse Specialist (0.5FTE).

She was a member of the NZ Branch since 1997, and has been involved in 2 Conference Organising Committees – 2003 in Rotorua, and our Inaugural Conference in Hamilton. Prior to being elected to this position in April 2008, she was Secretary for the Waikato Branch for 2 years.

Email mcnaed@waikatodhb.govt.nz

Tio Sewell

Maori Caucus - Secretary

Email waea-mai@xtra.co.nz

Nani McCluskey

Maori Caucus

Email nani.mccluskey@paradise.net.nz

We have a number of Fellows, and a process for Fellowship at each Conference.

Current Fellows:

Mark Smith

Kay Carncross

Brian Pickering

Chris Lyall

Chris Hattan

Erina Morrison

Suzette Gisler

Frances Hughes

Tio Sewell

Hineroa Hakiaha

Tony O'Brien

Brian McKenna

Kate Prebble