

Weaving the threads of wellbeing together

Mental Health, Addiction, Disability Nurses
responding with hope for the future

Conference Speakers so far...

The 6th International Conference of Te Ao Māramatanga
New Zealand College of Mental Health Nurses Inc.



www.nzcmhn.org.nz

Opening Speakers

Tony Heyward and Menetta Te Aonui, Conference convenors

Tony has many years of experience working in mental health nursing in the UK and New Zealand. Tony moved to NZ in 2007 and during his time in NZ he has worked for CCDHB and one of the NGOs as a clinical advisor.

Tony returned to MHAIDS to take up the role of Nurse Educator in 2011 and later worked across two roles which included professional leader for nursing. Tony is currently employed as professional leader for nursing, however since January 2019 he has been Interim Director of Nursing for MHAIDS.

In the UK, Tony worked for many years as a community mental health nurse in a variety of locations including inner city areas and rural communities.

Tony worked as a senior lecturer at University of Central Lancashire, where he taught on under-graduate and post graduate programmes, before moving to NZ.

Tony is very passionate about mental health nursing and strongly believes that mental health nurses have the skills necessary to support clients to identify their own recovery journey and to live a life that matters to the client.

Tony has an interest in the strengths model and uses the principles of the model when he is supervising nurses.

Tony often sits on the Health Committee for Nursing Council New Zealand to support nurses to stay safe in their practise whilst managing any health issues they may be experiencing themselves.



Tony Heyward
Opening Speaker

Pepeha

Takitimu Te Waka
Tamatea Arikinui te tangata
Kahuranaki te Maunga
Ngaruroro Moko tuararo ki Rangatira te awa
Te Karewarewa te wai u
Te Awa O Te Atua te whenua
Te Awa O Te Atua te puna wai tapu
Mukunoa te whare tipuna
Korongata te Marae
Bridge Pa te urupa
Ngati Poporo te hapu
Ngai Te whatuiapiti te iwi tata
Ngati Kahungunu te iwi whanui
Ko Menetta Te Aonui toku Ingoa

Menetta has a Master of Arts (applied) in nursing; postgraduate certificate in health sciences; postgraduate certificate in mental health nursing; diploma of entry to specialist psychiatric mental health nursing practice; Bachelor of nursing.

At present, Menetta is working in the first national youth forensic service in Porirua. She has a committed passion for ensuring that workforce development occurs for Māori and non-Māori mental health nurses in New Zealand.

Menetta joined Te Ao Māramatanga in 2004 after receiving the Henry Rongomau Bennett scholarship as the first Māori nurse.



Menetta Te Aonui
Opening Speaker

Chris Gosling, Chief Executive - Wellington Institute of Technology and Whitireia Community Polytechnic

Chris is the Chief Executive of the Wellington Institute of Technology and Whitireia Community Polytechnic, a position he has held since May 2015. He was previously Deputy Chief Executive (Operations) at Whitireia for three years. Chris worked in the Middle East setting up and operating a polytechnic in the Kingdom of Bahrain and prior to this was the Corporate Services Director at the Nelson Marlborough Institute of Technology. This role followed several years in finance and senior management roles in local government in New Zealand.

Whitireia and WelTec are committed to advancing the health and wellbeing of individuals and populations through the education of health professionals to provide healthcare across a multitude of settings and disciplines. Amongst other programmes, Whitireia and WelTec deliver mental health and addiction programmes from level 3 to level 8, the strong nursing, postgraduate Nurse Entry to Specialist Practice (NESP) programmes, counselling and addiction practice programmes and the newly developed Peer Support programme. Staff and students are dedicated to providing a positive and innovative force in the evolution of the health professions and the changing health care system and are the leaders for health care's future.



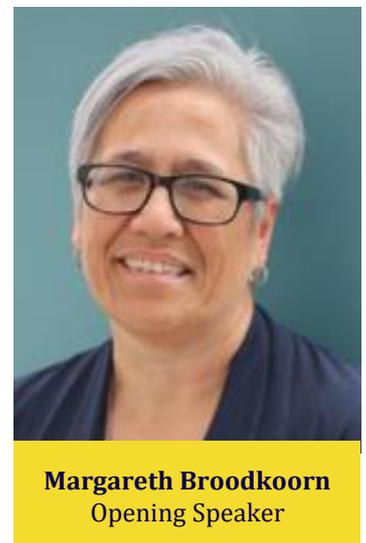
Chris Gosling
Opening Speaker

Margareth Broodkoorn, Chief Nursing Officer – Ministry of Health

Margareth has a proud bicultural heritage with Māori (Ngapuhi) and Dutch whakapapa. She graduated as a Registered General Obstetric Nurse from the Greenlane School of Nursing in 1990.

Prior to the appointment as the Chief Nursing Officer with the Ministry of Health in February 2019 Margareth was the director of nursing and midwifery at NDHB. With over 30 years of health sector experience that includes clinical practice and leadership, operational management, strategic governance and education roles within Aotearoa, NZ. She has worked with Māori health and community providers in Northland, as a lecturer with Manukau Institute of Technology and Auckland University, and nursing practice and leadership roles with Auckland DHB.

Margareth is committed to Te Tiriti o Waitangi, addressing Māori health inequities, improving access to health services for all consumers, and developing an enabled, responsive culturally safe workforce. She is passionate that nursing can make a significant difference in achieving equitable health outcomes across Aotearoa with a sustainable future focused nursing workforce that leads change and innovation in partnership with the wider health team.



Margareth Broodkoorn
Opening Speaker

Nigel Fairley, General Manager - Te-Upoko-me-Te-Karu-o-Te-Ika - Capital & Coast, Hutt Valley and Wairarapa DHBs Mental Health, Addictions and Intellectual Disability Services

Nigel is the general manager for Te-Upoko-me-Te-Karu-o-Te-Ika - Capital & Coast, Hutt Valley and Wairarapa DHBs Mental Health, Addictions and Intellectual Disability Services.

This service has national, central region, sub region and local services, with over 1400 staff. From 1998 until 2015 he was the clinical director (and director of area mental health services) of Capital & Coast DHB Regional Forensic Mental Health Services (adult and youth). From 2001–2015 he was also the director of area mental health services for Forensic and Rehabilitation Service, then 2015-2019 the three DHBs (the role responsible for the administration of the law in mental health services).

He is a Fellow of the New Zealand College of Clinical Psychologists and within that professional association has held a number of positions. He was President of the College from September 2006 until April 2012. In 2012 he was awarded the John Bushnell Award for leadership in clinical psychology. The criteria for winning this award is evidence of a sustained and exceptional contribution to the clinical psychology professional, over years to decades, in a range of areas that could include but is not limited to professional affairs, clinical practice, teaching and professional mentorship and research. Nigel is also the president of the NZ branch of the Australian and New Zealand Association of Psychiatry, Psychology and the Law (ANZAPPL).



Nigel Fairley
Opening Speaker

Dame Margaret Bazley, Patron of Te Ao Māramatanga - NZCMHNurses

Profile will be available shortly

College Address- Te Ao Māramatanga – NZCMHNurses

Suzette Poole (RN-MH, P. Grad. Dip Forensic Psychiatry, Master of Nursing), President of Te Ao Māramatanga -NZCMHNurses

Suzette has been a member of the College since inception her career in mental health began in 1980 as a Psychiatric Assistant.

She qualified in 1985 as a psychiatric nurse at Tokanui Hospital. Suzette specialised in forensic mental health. Her previous leadership roles include: clinical nurse educator, clinical nurse director (Waikato DHB), nurse advisor – health (Nursing Council of NZ), clinical lead (Te Pou o te Whakaaro Nui) which including work on supervision; trauma informed care; women in secure mental health care and co-existing problems.

The topic of her Master of Nursing thesis was structural and psychological empowerment among NZ mental health and addiction nurses. Suzette is an honorary lecturer at the University of Auckland and editorial board member of Journal of Mental Health and Addiction Nursing.

Suzette is the clinical advisor: mental health, for the Waikeria Mental Health and Addiction Service project, Ara Poutama Aotearoa - Department of Corrections.



Suzette Poole
College Address

Christina (Chrissy) Kake, (RN; PGDip Mental Health Nursing), Kaiwhakahaere of Te Ao Māramatanga -NZCMHNurses

Chrissy has been in the role of Kaiwhakahaere since 2018.

She completed her nursing training at Whitireia Polytechnic in 1992 and has since been employed in various mental health nursing roles. Chrissy's career in mental health began at Porirua, Capital & Coast District Health Board, working at Te Whare Marie from 1993-2000. From the year 2000 she worked for the Crisis Assessment and Treatment Team (CATT) until 2010, where she worked at Te Haika, Mental Health Contact Centre until 2012.

In 2012, she returned to Whitireia Polytechnic as a nursing tutor, teaching in the New Entry to Specialist Practice (NESP) mental health and addiction nursing programme. Since April 2019, Chrissy has been employed by Emerge Aotearoa, to work with Ara Poutama, Department of Corrections, in the Taitokerau community district office, Whangarei, as a mental health and addictions nurse.



Christina Kake
College Address

International Keynote Speaker

Matt Ball, Mental Health Nurse Practitioner

Matt is a mental health nurse practitioner and psychotherapist. He was awarded the ACMHN Mental Health Nurse of the year in 2017 for bringing alternatives approaches in the public mental health system in South Australia to working with people labelled as experiencing psychosis.

Matt has developed the explanatory framework - 'Dissociachotic' - a concept that explains and provides understanding of how 'psychotic' realities are better understood through a dissociative lens; both emerging and evaporating within the human to human relationship.

Matt is Founder and Co-Director of the Humane Clinic (www.humaneclinic.com.au). More recently he convened Reawaken Australia with Stephanie Mitchell (Humane Clinic) in partnership with Oryx Cohen (National Empowerment Centre, USA) and PJ Moynihan (Digital Eyes Film, USA). ReAwaken was a 5-day international event that focussed on compassion, connection and meaningful action to shift paradigms in mental health, trauma, and addiction (www.reawakenaustralia.com.au).

His work is informed by his lived experience of madness and un madness - both in his personal and professional journey.



Matt Ball,
International Keynote
Speaker

National Speakers

Dr. Maria Baker, (PhD) RN, (Ngapuhi me Te Rarawa), Pouwhakahaere Matua (CEO) Te Rau Ora (formerly Te Rau Matatini)

A Māori registered nurse, Maria has dedicated a 20-year career to Māori Health & specifically to the mental health system.

Her theory: Seeking Solutions to Being Restricted was formed through her doctorate study, of Māori with experience of mental illness and mental health services.



Maria Baker
National Speaker

Dr. Sione Vaka, Senior Lecturer at Auckland University of Technology and Nurse Lead Pacific for Counties Manukau District Health Board.

Sione was born in Tonga and migrated to New Zealand in 1999. His father is from Neiafu, Vava'u and Lofanga, Ha'apai and mother from the village of Lapaha. His field of interest is Pacific mental health and Pacific well-being.

Sione's Health Research Council (HRC) funded doctorate study explored the meanings of mental distress for Tongan people. He is now working on another funded HRC project, proposing a Tonga fishing tool, ūloa, as a model of care to address the different constructs of mental distress in the Tongan community. This research is being undertaken in South Auckland.

Sione has been collaborated extensively with Pacific clinical and research colleagues throughout the Pacific region, including Niue, Cook Island, Fiji and Tonga.

He is currently a Senior Lecturer at Auckland University of Technology teaching at both undergraduate and postgraduate levels.



Dr. Sione Vaka
National Speaker

Robyn Shearer, Deputy Director General of Mental Health and Addiction – Ministry of Health

Robyn has a large range of sector experience having been the CEO for Te Pou o te Whakaaro Nui for the last ten years prior to coming to the Ministry. During her time Robyn has grown Te Pou to be internationally recognised for evidence-based workforce programmes in mental health, addiction and disability and has created strong sector partnerships to enhance people's lives through service improvement.

Coming from a clinical background, beginning her experience with nursing and has worked in front line mental health services and leadership roles in District Health Boards.

She has also worked in the Health Research Council and Ministry of Health in workforce development, policy and leading the Mental Health Group.



Robyn Shearer
National Speaker

Plenary session

Kites Trust

Profile will be available shortly.

Closing address

Kevin Allan, Mental Health Commissioner, Health and Disability Commission

The Mental Health Commissioner assists the Health and Disability Commissioner to ensure that the rights of consumers are upheld. This includes two areas of responsibility:

1. To make decisions on complaints, including complaints about mental health and addiction services.
2. To monitor and advocate for improvements to mental health and addiction services.

Kevin Allan, the mental health commissioner, began his term in February 2016.

Mr Allan has a longstanding commitment to helping to ensure that everyone has the opportunity to participate fully in the community and have access to high quality health, disability, and social services.

Mr Allan came to HDC after three years as deputy chief executive/chief operating officer at the Crown Law Office. Prior to that Mr Allan held senior leadership roles in the health, disability and justice sectors, in the public and not-for-profit sectors. His previous roles include deputy secretary at the Ministry of Justice and chief executive of New Zealand CCS Disability Action.

Mr Allan holds a Bachelor of Laws degree from the University of Canterbury.



Kevin Allan
Closing Speaker

Speaker -Fellowship Investiture Ceremony of Te Ao Māramatanga - NZCMHNurses

Simon Phillips, chief executive officer Maraeroa Marae Health Clinic at Maraeroa Marae Association Incorporated, Waitangirua, Porirua.

Ko Taranaki te maunga, ko Aotea te waka, ko Whanganui t awa, ko tangahoi te hapu, ko Ngati Ruanui, Te Atiawa, Ngapuhi mea Ngati Whatua aku Iwi, ko Putiki, ko Taiporohenui, ko Otamatea, ko Te Whare Marie, ko Maraeroa Marae ki Ukaipo Hiato Nga Hau E Wha aku Marae, ko Simon Phillips taku Ingoa.

I am married to Marama for forty-five years, we have three adult whanau; Luana, Daniel, Che and they have given us nine wonderful moko / grandchildren, we all live in Titahi Bay Porirua near one another.

I worked as a registered psychiatric and comprehensive nurse (Bridging) for twenty-three years at Porirua Hospital. I was fortunate to be there in the 70s when the acute wards doors were kept open during the day and the community services were evolving. I was Psychiatric District Nurse for nearly two decades where my clinical skills were secondary to my life skills that proved to be more important for the whaiora that had been inpatients for ten years plus. In 1992 I became the second Unit Manager for a specialist Kaupapa Māori Mental Health Service at Porirua Hospital – Te Whare Marie.

In 1996, I become a Planner and Funder in the health sector. I managed mental health and addiction service provider funding and performance monitoring. This included service and workforce development; planning, procurement and leading a wide range of simple and complex projects locally, regionally and nationally.

In April 2017, I accepted the role of chief executive officer Maraeroa Marae Health Clinic at Maraeroa Marae Association Incorporated, Waitangirua, Porirua. The hauora service model is based kaupapa Māori and western medicine. It is wonderful to be working in my own community again where I have lived for over fifty years.



Simon Phillips
Fellowship Speaker

Speaker- Dinner

Speaker to be confirmed

Profile will be available shortly