Weaving the threads of wellbeing together

Mental Health, Addiction, Disability Nurses responding with hope for the future

NZCMHNurses Conference Programme

1st and 2nd October, Whitireia New Zealand, Porirua

www.nzcmhn.org.nz
Weaving the threads of wellbeing together

The College board in collaboration with the Wellington branch are proud to announce our theme for 2019: **Weaving the threads of wellbeing together.**

The threads of wellbeing are unique to each person, their family and their whānau. The yellow thread exemplifies how hope supports people with their goals and aspirations for wellbeing. We will work with people to weave the threads of their wellbeing together.

The future ahead signals the need for a broader workforce to support people with their health and wellbeing. This yellow thread of hope will be woven by many. Nurses skilled in supporting people with mental health, addiction issues and people with disabilities; and skilled in supporting their families and whānau and their communities, will be part of the future workforce providing services in a range of settings.

Our programme has evolved. Please check out our line up of speakers and workshops on our website.


**Registrations close on 20 September so be in quick!**

Members please use log in to ensure you receive the members’ rate! We also have a special rate for non-waged, Kuia, Kaumatua, retired nurse, student nurse, new graduate, service user/ tangata whai ora.

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**Monday 30th September**

- **4-6pm**  Registration desk open

- **5pm**  Free film showing- Healing Voices – Lets change the conversation (1.5hrs) followed by a discussion with Matt Ball (conference keynote speaker)
Day 1 - Tuesday 1st October

8:00am  Powhiri – Please arrive by 7.45am
9:00am  Morning tea
9:30am  Opening speakers
    Tony Heyward and Menetta Te Aonui, Conference convenors
    Chris Gosling, Chief Executive of Whitireia and WelTec
    Margareth Broodkoorn, Chief Nursing Officer, Ministry of Health
    Nigel Fairley, General Manager for Te-Upoko-me-Te-Karu-o-Te-Ika - Capital & Coast, Hutt
    Valley and Wairarapa DHBs Mental Health, Addictions and Intellectual Disability Services
    Dame Margaret Bazley, Patron of Te Ao Māramatanga -NZCMHNurses
10:30am College address: Te Ao Māramatanga -NZCMHNurses: President Suzette Poole and
        Kaiwhakahaere Chrissy Kake
10:50am  Short break
11:00am  International keynote speaker: Matt Ball - Mental Health Nurse Practitioner
11:30am  National Speakers
    Dr. Maria Baker, Pouwhakahaere Matua (CEO) Te Rau Ora
    Dr. Sione Vaka, Senior Lecturer at Auckland University of Technology
    Robyn Shearer, Deputy Director General of Mental Health and Addiction – Ministry of
    Health
12:30-1:30pm Lunch
    Concurrent sessions – six streams
    1:30pm  Session 1
    2:00pm  Session 2
    2:30pm  Session 3
    3:00pm  Afternoon tea
    3:30pm  Plenary session: Kites Trust
    4:30pm  Closing address: Kevin Allan, Mental Health Commissioner, Health and Disability
            Commission
    4:40pm  Celebration farewell: Wellington branch hosts
    4:50pm  Poroporoaki
    5:00pm  Nibbles and drinks
    5:45pm  Fellowship Investiture ceremony of Te Ao Māramatanga: NZCMHNurses
            Host: Vice President Hineroa Hakiaha
            Guest speaker: Simon Phillips
    6:30pm  Dinner, hosted by: Tane Rangihuna
    7:30pm  Socialising
    9:00pm  Close
Day 2 - Wednesday 2\textsuperscript{nd} October

7:30-8:30am  Te Ao Māramatanga - NZCMHNurses College AGM breakfast meeting (members only)

8:45am  Karakia to open the day

9:00am  Workshops commence:

- Full day workshop - Solution Focused Therapy

Half day morning workshops:

- Assessment and treatment of substance use disorders
- Making contact with psychosis: weaving together the threads towards a humane approach
- Equally Well
- Disability Nurses Branch workshop
- On the frontier of mental health nursing: Are we fit for the future?
- Mahi tahi tatau ki nga tohutohu, We will work together in what we are achieving

10:30am  Morning tea

12:00pm  Morning half day workshops conclude

Lunch

1:00pm  Workshops commence:

- Full day workshop continues

Afternoon half day workshops:

- Primary Mental Health and Addiction Credentialing Programme with Lois.
- NESP- Nursing
- Mental health, addiction, disability nursing- now and future
- Which came first the addiction or the mental health problem?
- Working with lived experience using co-design principles

2:00pm  Afternoon tea

3:00pm  Workshops conclude

3:10pm  Karakia to close this day

NB: Following receipt of your registration we will contact you to discuss your workshop choices.