



Te Ao Māramatanga
New Zealand College of Mental Health Nurses
Partnership, Voice, Excellence in Mental Health Nursing
PO Box 77-080, Mt Albert, Auckland, 1350, New Zealand

April 2020

Credentialed and Credentialing Nurses – Resources and Guidance Summary Attached

Kia ora Nurses,

I'm very aware that a wide range of helpful resources for supporting and assisting people with mental health, addiction and wellbeing challenges through the Covid-19 pandemic, are being rapidly developed and starting to become available.

I'm also aware that many of you will not have the time to review and consider them. Based on feedback from credentialed nurses, in the past few days, I thought it might be helpful to provide a targeted list of resources and approaches.

Having carefully reviewed every one of these resources, I recommend them to support your practice currently. I've tried to arrange them in a way that is easy to access by clicking on the links through this document or you can save these various sites as favourites on your computer.

Most of these sites and apps are also easy for people to find by doing a google search. Some of these resources are also downloadable and printable, if this is an option for you currently and all are free to use.

If you are aware of resources you are finding useful in your practice currently, that are not listed, please email me and I'll add them and provide as updates. All feedback gratefully appreciated.

Thankyou for all that you are doing, whether it be on the frontline or like me, staying home and out of the way. I'm thinking of you all and please be in contact if I can be of assistance.

He waka eke noa – We are all in this together

Nga mihi Lois Boyd

Director of Credentialing

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